

Lincoln Public Schools Track & Field Open
Schedule of Events
Tuesday, April 9, 2019
Scott Track, Lincoln High School

**Times listed below are suggested times only and not official start times.*

Field Events (3 Attempts No Prelims, Only Finals)

1:00Pole Vault

1:00.....**Boys Long Jump** followed by **Boys Triple Jump**
Girls Long Jump followed by **Girls Triple Jump**
Boys High Jump followed by **Girls High Jump**
Girls Discus followed by **Boys Discus**
Boys Shot Put followed by **Girls Shot Put**
Boys Pole Vault followed by **Girls Pole Vault**

Track Events

2:30.....Girls 3200m Relay
2:45.....Boys 3200m Relay
3:00.....Girls 100m Hurdle Final
3:15.....Boys 110m Hurdle Final
3:30.....Girls 100m Dash Final
3:40.....Boys 100m Dash Final
3:50.....Girls 1600m Run Final
4:00.....Boys 1600m Run Final
4:10.....Girls 4x100m Relay Final
4:20.....Boys 4x100m Relay Final
4:30.....Girls 400m Dash Final
4:45.....Boys 400m Dash Final
5:00.....Girls 300m Hurdle Final
5:10.....Boys 300m Hurdle Final
5:20.....Girls 800m Dash Final
5:30.....Boys 800m Dash Final
5:45.....Girls 200m Dash Final
6:00.....Boys 200m Dash Final
6:15.....Girls 3200m Run Final
6:30.....Boys 3200m Run Final
6:45.....Girls 4x400m Relay Final
6:55.....Boys 4x400m Relay Final